



KINDERGARTEN HEALTH & SAFETY POLICY

Wild Cherry School and Kindergarten, referred to as 'the School' from this point forward, is committed to providing a healthy and safe environment for all children in its care.

CORE POLICY AND PROCEDURES

1. Safe Food Handling and Hygiene

All staff members and volunteers implement

(a) adequate health and hygiene practices; and

(b) safe practices for handling, preparing and storing food, including:

- Teacher and children wash hands with soap and use own hand towels for drying.
- Food is covered after being prepared and cooked.
- Children cut fruit and vegetables on a clean board using a child-safe knife under attendant supervision.
- All children and staff wash hands before meals.
- Bowls, cups and cutlery are washed in hot soapy water, dried with tea towels and stored in a cupboard.
- Bench tops and tables are wiped down regularly throughout the day and before preparing food.
- Stove is cleaned daily.
- Fridge cleaned weekly or as required.
- Fridge is defrosted as per manufacturer's instructions.
- Kindergarten floors are washed daily.
- Tea towels and dishcloths are changed daily.
- Aprons are washed regularly or as needed.
- Hand towels are washed daily.
- Perishable foods are stored in the refrigerator in sealed glass or food grade plastic containers.
- Dry goods are stored in sealed glass jars or food grade plastic containers.

2. Nutrition and Dietary Requirements

The preschool provides morning tea for children. All food is prepared at the school, often with the help of the children, using organic/biodynamic produce where available and according to point 1 of this policy. The School is committed to providing healthy, nutritious food that meets the needs of the growing child. The weekly menu is on display and changes each season. The children bring their own lunch, healthy snacks and water bottles and sit together at morning tea and lunchtime to eat. Filtered water is also available throughout the day if needed.

Where there are identified dietary requirements for a child, teachers consult with the child's parents/carers/guardians and agree on alternative options. All individual dietary requirements for children are identified on a list on the wall of the preschool room.

3. Sun Protection

- a) Term 1 and term 4 are sun smart terms. During these terms children and adults are required to wear a broad brimmed hat and tops that cover shoulders (please no spaghetti straps) when outside in the garden, see Dress Code Policy for further details.
- b) Each child is provided with a hat when they start at the School. This hat remains at school, except for laundering or repair purposes.
- c) Any damage or loss of hats is the responsibility of the parents/carers/guardians. Replacement hats can be purchased from the office.
- d) The children keep their hats with their bags on their bag hooks.
- e) Children who do not have or find their hat anytime during terms 1 or 4 must remain under the shade of the veranda during playtime and cannot play out in the garden.
- f) In very hot weather the children will be encouraged to play in the shade, under the trees, and to drink plenty of water. Water fountains are installed on the school grounds.
- g) All staff to wear sun hats when outdoors.

4. Water Safety

The preschool curriculum is play-based and mimics a home-like setting. Children are encouraged to help wash the dishes and clean play equipment. Children may use water when playing in the sand pit.

To ensure the safety of all children during water play or activities, an early childhood educator will always be present and oversee the activity.

Every precaution is taken to minimise risk when water play experiences are provided. This includes ensuring children are always supervised and removing water spills from floors.

5. First Aid

For all serious injuries, call 000 immediately.

For all other injuries or illnesses and their treatment refer to the School's First Aid Policy.

6. Sleep and rest for children

The children rest each day after lunch for 20 to 30 minutes while the teacher tells a story. If a child falls asleep they are left to sleep, ensuring they are supervised and safe from any harm while asleep.

Families are asked to provide a lambswool, small quilt or blanket for their child to lie on, a small blanket for cover and a small pillow. These are named and stored in a named pillow case or draw string linen bag and stored in the room during term and taken home at the end of term for laundering.

RELATED DOCUMENTS

- [Child Safe Code of Conduct](#)
- [Child Safe Policy](#)
- First Aid Policy
- Dress Code Policy
- Accident, Incident and Illness Register

AUTHORISATION

Board Secretary
East Gippsland Steiner Education Group Inc.
Date authorised: 16 January 2019